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Prescription for nutritional healing : Balch, Phyllis A ...

Prescription for Nutritional Healing, Fifth Edition. Phyllis Balch. Phyllis A. Balch, CNC, was a leading nutritional counselor and advocate of natural therapies for more than two decades and spent more than twenty-five years researching natural approaches to health and healing. Phyllis Balch's books have sold more than 8 million copies worldwide
www.prescriptionfornutritionalhealing.net.

Phyllis Balch - Penguin Books

Prescription for Nutritional Healing is the nation's #1 bestselling guide to natural remedies. It is a comprehensive source of dietary supplements, vitamins, minerals, and herbs. A pioneer in the field of nutritional healing, Phyllis Balch passionately and meticulously researched and compiled this groundbreaking book. Now, a generation later, her message has more relevance than ever: consume fresh foods, avoid processed foods and those high in saturated fat, and optimize your intake of ...

Prescription for Nutritional Healing

Phyllis A. Henning Balch (September 18, 1930 – December 31, 2004) was the author of Prescription for Nutritional Healing. She was born in Logansport, Indiana. She was one of the biggest-selling dietary and supplement authors. Her books have sold over eight million copies.

Phyllis A. Balch - Wikipedia

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Prescription for Nutritional Healing: the A to Z Guide to Supplements Everything You Need to Know About Selecting and Using Vitamins, Minerals, Herbs, and More By Phyllis A. Balch CNC
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Prescription for Nutritional Healing: the A to Z Guide to ...

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Biography: Phyllis Balch was author of the bestselling Prescription for Nutritional Healing, as well as of Prescription for Nutritional Healing: The A-to-Z Guide to Supplements, and Prescription for Herbal Healing.

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